Tuesday \& Friday, 12:30-4:30

This course is designed to help prepare beginning teachers in planning and knowing how to implement a well-rounded Physical Education program for the intermediate grades. The course will strike a balance between practical and theory-discussion parts. A strong emphasis will be placed on the acquisition of skill, competence and practical knowledge in all areas of the elementary physical education curriculum. Also an emphasis will be placed on an understanding of theoretical concerns in selected topics in physical education.

## Assignments:

1. An essay on a selected topic in the elementary physical education curriculum. The essay must be of practical teaching value. Length - 2 to 3 typewritten pages. Due: July 25 th.
2. An individual presentation of an activity of the rest of the class in the dance, games or gymnastics area. Maximum activity and participation for a P.E. class must be kept in mind. Due: during the fifth week of classes.
3. Curriculum design - a detailed plan showing all facits for constructing a whole school year P.E. curriculum. This will include the needs of children, different teaching methods and some sample lesson plans in all areas of the elementary physical education curriculum. Due: Augast 5th.
4. Readings and discussion on pertinent areas of physical education to be assigned each week.
5. Certification/Personal fitness (optional) - competence in a level 1 theory course T.B.A. Also a weekly commitment to personal fitness development which can be measured as the course progresses.

## Required Texts:

1. KTRCHNER, GIenn; PHYSICAL EDUCATION FOR ELEMENTARY SCHOOL CHILDREN (fourth edition); William C. Brown Co., Dubuque, lowa, 1978.
2. ELEMENTARY P.E. GUIDE AND SUPPLEMENTARY GUIDE; Ministry of Education,
